

# OPEN ARMS ANNUAL 5K SPIRIT SPRINT

5K Run/Walk ..... \$20 pre-register/ \$25 day of register (includes at t-shirt)

5K Competitive Walk..... \$20 pre-register/ \$25 day of register (includes at t-shirt)

1 Mile Family Walk/Run.....\$20 pre-register/ \$25 day of register (includes at t-shirt)

Kids Fun Run..... \$10 (does not include a t-shirt but one can be added for an additional \$10)



Registration will begin at 7:00 am on race day, June 4th 2022 at the Worthington City Park.

5K will begin at 8:00am, 1 Mile Family Walk/Run will begin at 8:05am and

Kids Fun Run will begin at 9:00 am

<u>PARTICIPANTS NAMES:</u>	<u>AGE:</u>	<u>GENDER:</u>	<u>PARTICIPATING IN:</u>
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_____	_____	_____	_____
Shirt Size: S M L XL 2XL    Adult or Youth			

_____	_____	_____	_____
Shirt Size: S M L XL 2XL    Adult or Youth			

_____	_____	_____	_____
Shirt Size: S M L XL 2XL    Adult or Youth			

_____	_____	_____	_____
Shirt Size: S M L XL 2XL    Adult or Youth			

Address: \_\_\_\_\_

Phone # \_\_\_\_\_

E-mail \_\_\_\_\_

Amount paid \$ \_\_\_\_\_

By signing below I agree that, in consideration of being permitted to participate in the 2022 Spirit Sprint 5K Run/Walk (“Event”), I hereby waive and release the event promoters and volunteers, their affiliates and their officers, agents, employees, and representatives (collectively, “Association”) from all responsibility and liability for the injuries or damages to resulting from or arising out of the negligent act or omission of the Association arising out of or in connection with my participation in the Event. I understand and am aware that running, walking or participating in a road race or activity such as the Event is a potentially hazardous activity involving a risk of injury and even death. The stress and exercise from an event of this nature can cause many types of injuries including cardiac injury and even death from cardiac or other emergencies. Additionally, I understand that there is a risk of injury from the condition of the course and premises where the Event takes place such as pot holes, cracks, bumps, and other natural and man-made conditions. I understand these and other potential risks and I am voluntarily participating in the Event with knowledge of the dangers and risks involved. I hereby agree to expressly assume accept all risks of injury or death associated with my participation in the Event. I understand that the Association without reason can at any time remove me from or not allow me to participate in this Event. I further give my permission to the Association to use any photographs, videos, or other recordings made of me the day of this Event.

I agree to the waiver and release. If I am under 18 years of age this release has been agreed to by my parent or guardian.

Name: Print \_\_\_\_\_

Signature \_\_\_\_\_